

Cut out, fold down the middle, put it in your wallet.

Dark side facing out — so in the moment that matters you see the one sentence that counts first.

IN THE STORM

Nobody learns inside a storm.

Do not explain. Do not teach. Do not argue.
Your only job: stay until it is over.



FOUR STEPS • 60 SECONDS

1. **Get low.** Crouch to eye level. 5 seconds.
2. **Fewer words.** One sentence, five words max:
“You’ve got a thunderstorm.”
3. **Stay.** Sit nearby. Say nothing. Wait.
4. **Afterward** — not during: “Where did you feel it?”

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